

Not Actual Patients

mymobility<sup>®</sup> with Apple Watch<sup>®</sup>

by  ZIMMER BIOMET

# Patient Feedback

Compared to your other medical and surgical experiences, how did the mymobility app affect this experience?

↑  
80%

Answered Better or **MUCH** Better

Compared to your other medical and surgical experiences, how did the mymobility app affect the anxiety you felt with this surgical experience?

↑  
63%

Answered Better or **MUCH** Better

mymobility Clinical Study  
Preliminary Data. Patients  
completing survey through  
08/04/2020. Questions  
answered between 14 and 44  
days post op. Study ongoing.



# Transforming the Standard of Care

mymobility with Apple Watch is a digital care management platform that uses iPhone® and Apple Watch to help you deliver support and guidance to your patients through a connected experience. mymobility delivers continuous data and patient-reported feedback to facilitate care, outcomes and satisfaction about your patients' surgical preparation and recovery.



Knee



Hip



Shoulder



Sports Medicine



Foot & Ankle



Spine



## Intended to Increase Patient Engagement and Compliance

mymobility and Apple Watch work together to keep patients engaged in their surgical journey, allowing patients to better understand their condition and take an active role in optimizing their surgical experience.

- Procedure-specific protocols are delivered directly to patients, and reminder notifications help to keep them on track
- Encrypted messaging and video allows surgeons and care teams to easily connect with patients throughout pre- and post-operative activities
- Timely, easy to follow education available in-app reduces the traditional overload of paper process



## Collect and Monitor Objective Data that Leads to Clinical Insights

- Platform for patient management and passive data collection through Apple Watch
- Provides clinical and operational insights to support the patient's surgical preparation and recovery
- Tracks patient progress through remote monitoring, PROMs collection, engagement and adherence



## Intended to Increase Care Team Efficiency

- Enables increased efficiency in managing patients by exception with automatic exceptions triggered for patients who fail to meet set thresholds with gait quality and patient-reported pain management tracking
- Provides active and engaging education and exercise direction with mymobility protocols
- All of the benefits of digital care management and telemedicine in one platform, driving towards more efficient and convenient care without the need for multiple platforms, hardware, and logins

# OrthoIntel

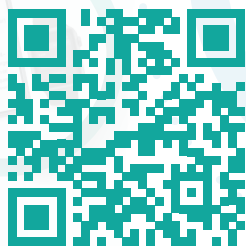
powered by ZBEdge™

OrthoIntel Orthopedic Intelligence Platform combines pre-, intra- and post-operative data from ZBEdge™ Connected Intelligence Suite to help surgeons uncover clinical insights effortlessly. This meaningful data is intended to help health care professionals optimize care by efficiently exploring the connections between surgery and outcomes.

## OrthoIntel Interactive Reports

OrthoIntel Interactive provides interactive and customizable reports that allow clinicians to explore data across the continuum of care to enable insights on variables that impact outcomes and experience.

OrthoIntel Interactive Reports is a product of the OrthoIntel Orthopedic Intelligence Platform and is available to all mymobility customers. The data can be further enriched with intra-operative metrics from ROSA® Robotics.



Scan the code or go to [www.zimmerbiomet.com/mymobility](http://www.zimmerbiomet.com/mymobility) to learn more about how mymobility with Apple Watch is setting a new standard in digital health.



**Legal Manufacturer**

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