



Personalised Support

mymobility® is a care management system that uses Apple Watch® to help you and your care team deliver exceptional pre- and postoperative experiences to qualified patients.

- Procedure-specific protocols are delivered directly to patients, and reminder notifications help to keep them on track
- Encrypted messaging allows surgeons and care teams to easily connect with patients throughout pre- and postoperative activities
- Timely, easy to follow education available in-app reduces the traditional overload of paper process



mymobility® with Apple Watch®

by  ZIMMER BIOMET

+Patients are required to have a supported iPhone or Android device to use the mymobility app.

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Transform

the patient experience

mymobility® with Apple Watch®

by  ZIMMER BIOMET

Not actual patients

Your data. Your guidance. Your outcome.
mymobility®

Zimmer Biomet and Apple have teamed up to set a new standard in digital health. This digital platform uses iPhone and Apple Watch to create a new, first-of-its-kind, level of connection between patients and their surgeons, delivering continuous data and patient-reported feedback to facilitate care, outcomes and satisfaction.



Consistently Manage the Full Episode Care

mymobility® and Apple Watch® work together to keep patients engaged in their surgical journey, allowing patients to better understand their condition and take an active role in optimising their surgical experience.

- Procedure-specific protocols
- Timely education
- Pre- and post-op video guided exercise tutorials
- To-do list and reminder notifications
- Encrypted in-app messaging



Collect and Monitor Objective Data

- Platform for patient management, activity monitoring and passive data collection through Apple Watch®
- Provides clinical and operational insights to support the patient's surgical preparation and recovery
- Tracks patient progress through remote monitoring PROMs collection, engagement and adherence



Support Patient Satisfaction

- mymobility® introduces an additional layer of connectivity with the ability to support patients outside the surgical event through consistent care processes and direct messaging
- Surgeons and care teams are able to identify patients that require additional instructions while also providing encouragement



Differentiates Surgical Practice

- Builds brand equity through use of latest technology to assess patient outcomes and satisfaction
- Enhanced communication aims to maximise patient participation and support their recovery process



To learn more about the mymobility program, speak to your Zimmer Biomet representative.