

mymobility[®] Care Management Platform

Remote Therapeutic Monitoring Coding Reference Guide

mymobility is a care management platform that helps deliver support and guidance to patients through a connected experience. mymobility delivers continuous data and patient-reported feedback to facilitate care, and track patient-reported outcomes and satisfaction regarding a patients’ surgical preparation and recovery.

Additionally, mymobility tracks patient progress and provides clinical and operational insights through both quantitative and qualitative data, enabling clinicians to engage with and monitor their patients to understand their progress throughout the episode of care. Additionally, it can provide information to identify patients who aren’t engaged or as active as the clinician would like.

Metrics captured:

Mobility/Functional Data Collected

- Patient Steps
- Flights of Stairs Climbed
- Stand Hours
- Shoulder and Knee Range of Motion***

Heart Rate Data Collected****

- Average Resting Heart Rate
- Average Walking Heart Rate
- Heart Rate Variability
- VO2 Max*

Gait Quality Data

- Gait Speed
- Double Support Percentage
- Step Length*
- Speed Ascending/Descending Stairs*
- Asymmetry*

Engagement Data Collected

- Exercise Adherence
- Exercise Difficulty
- PROMs Adherence
- PROMs Score
- Education Adherence
 - Patient-reported Pain Management Tracking**
 - Patient-reported Narcotic/Non-narcotic Tracking**

Additional Data Collected

- Falls Detection*
- Sleep*

* Data available separately upon request

** via patient-reported data via timed check-in surveys through the app

*** Available only to iPhone 10 or higher users, using iOS 14 or newer, or Android users with ARCore.

**** This information is provided by the patient's device such as patient's iOS mobile app, Android app, etc. mymobility is only monitoring the information.

Physician Services		
CPT [®] Code	Description	CY 2026 Medicare Non-facility Allowable ¹
Remote Therapeutic Monitoring		
98975	Remote therapeutic monitoring (e.g., therapy adherence, therapy response, digital therapeutic intervention); initial set-up and patient education on use of equipment	\$21.82
98985	Remote therapeutic monitoring (e.g., therapy adherence, therapy response, digital therapeutic intervention); device(s) supply for data access or data transmissions to support monitoring of musculoskeletal system, 2-15 days in a 30-day period	\$40.28

CPT® Code	Description	CY 2026 Medicare Non-facility Allowable¹
98977	Remote therapeutic monitoring (e.g., therapy adherence, therapy response, digital therapeutic intervention); device(s) supply for data access or data transmissions to support monitoring of musculoskeletal system, 16-30 days in a 30-day period	\$40.28
98979	Remote therapeutic monitoring treatment management services; physician or other qualified health care professional time in a calendar month requiring at least 1 real-time interactive communication with the patient or caregiver during the calendar month; first 10 minutes	\$26.52
98980	Remote therapeutic monitoring treatment, physician/other qualified health care professional time in a calendar month requiring at least one interactive communication with the patient/caregiver during the calendar month; first 20 minutes	\$54.38
98981	Remote therapeutic monitoring treatment, physician/other qualified health care professional time in a calendar month requiring at least one interactive communication with the patient/caregiver during the calendar month; each additional 20 minutes	\$41.62

²Medicine / Non-Face-to-Face Nonphysician Qualified Health Care Professional Services / Remote Therapeutic Monitoring Services

- ▶ (Do not report 98975 more than once per episode of care)
- ▶ (Do not report 98975 for less than 2 days of cumulative monitoring during the 30-day period)
- ▶ (Do not report 98977 for less than 16 days of cumulative monitoring during the 30-day period. For monitoring of less than 16 days, use 98985)
- ▶ (Do not report 98979 for services of less than 10 minutes or more than 19 minutes)
- ▶ (Do not report 98979 in conjunction with 98980, 98981)
- ▶ (Report 98979, 98980 once each per 30 days calendar month, regardless of the number of therapeutic parameters monitored)
- ▶ (Do not report 98979, 98980 in the same calendar month as 99473, 99474)
- ▶ (Do not report 98980 for services of less than 20 minutes)
- ▶ (Do not report 98979, 98980 in conjunction with 93264, 99091, 99457, 99458, 99470)
- ▶ (Use 98981 in conjunction with 98980)
- ▶ (Do not report 98981 for services of less than an additional increment of 20 minutes)
- ▶ (Do not report 98985 for less than 2 days of cumulative monitoring during the 30-day period)
- ▶ (Do not report 98985 in conjunction with 98977)

Codes 98977 and 98985 are used to report remote therapeutic monitoring services during a 30-day period. To report 98975, 98977, 98985 the service(s) must be ordered by a physician or other qualified health care professional.

Code 98975 may be used to report the set-up and patient education on the use of any device(s) utilized for therapeutic data collection generated through digital monitoring or digital therapy.

Codes 98977, 98985 may be used to report supply of the device(s) for data access or data transmissions to support monitoring. To report 98975, 98977, 98985 the device used must be a medical device as defined by the FDA. In addition to its monitoring functionality, the device may also provide a therapeutic intervention.

Codes 98975, 98985, are not reported if cumulative monitoring is less than 2 days in a 30-day period.

Codes 98975, 98977, are not reported if cumulative monitoring is less than 16 days in a 30-day period. Do not report 98975, 98977, 98985 with other physiologic monitoring services (eg, 95250 for continuous glucose monitoring requiring a minimum of 72 hours of monitoring or 99445, 99453, 99454 for remote monitoring of physiologic parameter[s]).

Remote therapeutic monitoring treatment management services are provided when a physician or other qualified health care professional uses the results of remote therapeutic monitoring to manage a patient under a specific treatment plan. To report remote therapeutic monitoring, the service must be ordered by a physician or other qualified health care professional.

To report 98979, 98980, 98981, any device used must be a medical device as defined by the FDA. Do not use 98979, 98980, 98981 for time that can be reported using codes for more specific monitoring services.

For further assistance with reimbursement questions, contact the Zimmer Biomet Reimbursement Hotline at 866-946-0444 or reimbursement@zimmerbiomet.com, or visit our reimbursement web site at zimmerbiomet.com/reimbursement.

References:

¹ Calendar Year 2026 Medicare Physician Fee Schedule, Final Rule. Federal Register, November 5, 2025, CMS-1832-F.

² CPT® 2026 Professional Edition. American Medical Association. p. 868 - 870

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