

# Gel-One<sup>®</sup> Cross-Linked Hyaluronate

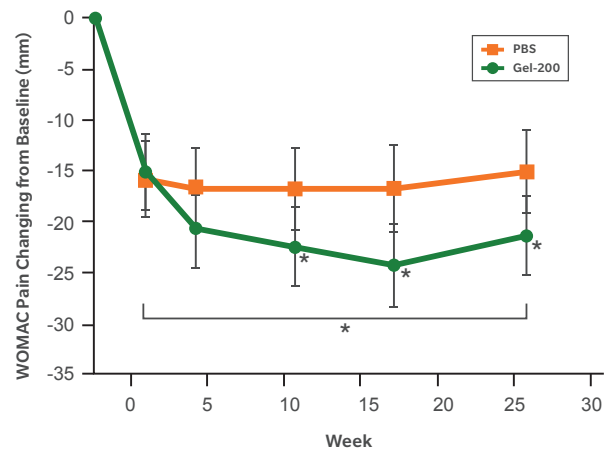


**A recently published subgroup analysis** of a multicenter, randomized controlled trial with a focus on a subgroup of patients with non-posttraumatic OA, K-L score 2 or 3, WOMAC pain during walking (A1), WOMAC pain subscores of 40 to 80 mm, and  $\geq 3$  months' duration of OA pain showed statistically significant mean improvements from baseline in WOMAC pain subscores in patients treated with a single injection of Gel-One over patients treated with Phosphate Buffered Saline (PBS) and compared to results for competitive products published in other studies.

## Primary Outcomes: Safety and Efficacy<sup>1,2</sup>

Harmful events for the Gel-One treatment group were predominantly mild or moderate and transient in nature. No device-related serious adverse events were reported. The incidences of TEAEs were similar in the Gel-One and the PBS treatment groups.<sup>1</sup>

In a subgroup analysis of a Gel-One Hyaluronate multicenter, randomized controlled trial, pain relief was assessed at weeks 3, 6, 12, 18, and 26 demonstrating statistically significant mean improvements from baseline over 26 weeks ( $P=0.032$ ) as well as at 26 weeks ( $P=0.019$ ) compared with a single injection of Phosphate Buffered Saline control (PBS). The treatment differences and mean changes from baseline were -4.5 mm over 26 weeks and -6.2 mm at 26 weeks on 100-mm VAS in WOMAC pain subscores.<sup>2</sup> This was the largest treatment difference at week 26 reported among the other IA-HA products, in separate studies.<sup>3,4,5\*\*</sup>



**Figure 1.** Change from baseline in Western Ontario and McMaster Universities Arthritis Index (WOMAC) pain subscores.  
\* $P < 0.05$

## Secondary Outcomes<sup>2:</sup>

Gel-One demonstrated efficacy in WOMAC stiffness subscores, total scores, and physician global assessment. In separate studies<sup>\*\*</sup>, no other IA-HA products showed statistically significant differences over PBS treatment except in WOMAC pain subscores when evaluating similar patient populations.<sup>3,4,6,7,8</sup>

**Figure 2.** Change from baseline in Western Ontario and McMaster

Measurements	Difference (mm)	95% CI	P
WOMAC function	-5.0	-10.1, 0.1	0.056
WOMAC stiffness	-6.6	-12.2, -0.9	0.023
WOMAC total	-5.4	-10.4, -0.4	0.036
Physician global evaluation	-7.3	-13.1, -1.6	0.013
Patient global evaluation	-5.1	-10.7, .06	0.078

WOMAC = Western Ontario and McMaster Universities Arthritis Index.

## References

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4. Altman RD, Rosen JE, Bloch DA, Hatoum HT, Korner P. A double-blind, randomized, saline-controlled study of the efficacy and safety of EUFLEXXA® for treatment of painful osteoarthritis of the knee, with an open-label safety extension (the FLEXX trial). *Semin Arthritis Rheum.* 2009;39:1-9.
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## Important Safety Information

Before using Gel-One Hyaluronate, ask your patients if they are allergic to hyaluronan products, cinnamon, or products from birds such as feathers, eggs, and poultry. Gel-One Hyaluronate is only for injection into the knee, performed by a doctor or other qualified health care professional. Gel-One Hyaluronate injection should not be used in the presence of a skin disease or infection around the area where the injection will be given. Gel-One Hyaluronate has not been tested to show pain relief in joints other than the knee and for conditions other than OA. Gel-One Hyaluronate has not been tested in patients who are pregnant, mothers who are nursing, or anyone under the age of 21. Strenuous or pro-longed weight-bearing activities after treatment are not recommended. The effectiveness of repeat treatment cycles of Gel-One Hyaluronate has not been established. The side effects most commonly seen after injection of Gel-One Hyaluronate in the clinical trial were knee pain, swelling, and/or knee effusion. These reactions are generally mild and do not last long. For complete instructions for use, see the package insert and visit [www.zimmerbiomet.com](http://www.zimmerbiomet.com).

Gel-One Hyaluronate is indicated for the treatment of pain in osteoarthritis (OA) of the knee in patients who have failed to respond adequately to non-pharmacologic therapy, non-steroidal anti-inflammatory drugs (NSAIDs) or simple analgesics, e.g., acetaminophen.

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